



CEDAR COUNTY CATHOLIC PARISHES

MECHANICSVILLE, TIPTON, WEST BRANCH

SUNDAY, APRIL 14, 2024

3RD SUNDAY OF EASTER

He said to them, "These are my words that I spoke to you while I was still with you, that everything written about me in the law of Moses and in the prophets and psalms must be fulfilled ... You are witnesses of these things." - Lk 24:44, 48

Mass Intentions

Saturday April 13 - West Branch

4:00 PM - Leona Rummelhart

Sunday March 14 - Mechanicsville

8:00 AM - Everette Walshire

Sunday March 14 - Tipton

10:00 AM - Pro Populo

Tuesday April 16

5:30 PM - Joe & Lois Conway

Wednesday April 17

8:30 AM - Edward & Helen Flattery

Thursday April 18

8:30 AM - George Driscoll

Friday April 19

8:30 AM - George Driscoll

Saturday April 20 - West Branch

4:00 PM - Thor & Dorothy Nicodemus

Sunday March 21 - Mechanicsville

8:00 AM - Pro Populo

Sunday March 21 - Tipton

10:00 AM - Peggy Driscoll

Check out the Cedar County
Catholic calendar to find out what's
going on in the three parishes
on our website at
<https://stmarystipton.com/>

Pastor: Fr. James Flattery

flatteryj@diodav.org

515-238-2915

Secretary/Bookkeeper: Carrie Petersen

Email: Tiptonstmary@diodav.org

Phone: 563-886-2506

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Tipton, IA 52772

Office hours:

Tuesday, Wednesday, Thursday

10:00 am to 3:00 pm

Mechanicsville: Good Friday/Easter

Envelopes:	\$1,602.00
Offertory:	\$467.00
Rice Bowl	\$126.42
Holy Land	\$184.00
Total:	\$2,379.42

Mechanicsville: April 7, 2024

Envelopes:	\$305.00
Offertory:	\$1,306.00
Rice Bowl	\$64.00
Total:	\$1,675.00

Tipton: Good Friday/Easter

Envelopes:	\$2,198.00
Offertory:	\$598.92
Catholic Messenger	\$30.00
Catholic Relief	\$788.83
Holy Land	\$605.00
Women's Guild	\$25.00
Total:	\$4,245.75

Tipton: April 7, 2024

Envelopes:	\$1,712.00
Offertory:	\$522.37
Catholic Messenger	\$30.00
Catholic Relief	\$55.57
Holy Land	\$50.00
Catholic Home Mission	\$5.00
Memorial	\$1,000.00
Total:	\$3,374.94

West Branch: Good Friday/Easter

Envelopes:	\$1,370.00
Offertory:	\$302.00
Catholic Messenger	\$29.00
Holy Land	\$88.00
Special Envelopes	\$20.00
Total:	\$1,809.00

West Branch: April 6, 2024

Envelopes:	\$700.00
Offertory:	\$168.00
Catholic Messenger	\$30.00
Utilities	\$20.00
Total:	\$918.00

To report child abuse Contact: Iowa Department of Human Services Child Abuse Hotline: 800-362-2178
and if it involves clergy or church personnel also notify Alicia Owens, the Victim Assistance Coordinator,
563-349-5002; vac@diodav.org or PO Box 232, Bettendorf, IA 52722-0004

TIPTON

Faith Formation

K-8: We meet Sundays, April 14 and 21. Please note that on April 21 we gather for class at 9, go to Mass together at 10, then all are welcome to support the “Spring Fling”, organized with family and kid fun in mind!!

Confirmation Class of 2024 (Grades 9 & 10): Wednesdays, April 10 and 17; also, Sunday, April 21. On the 21st, please plan to meet at 8:30 a.m. (invite your sponsor!), attend Mass together at 10, then the “Spring Fling”!

Youth Group (Grades 11 & 12): Maggie will update you via email and/or text message!

Adult: Conversation at 8:45 a.m. every Sunday in the parish hall. Join us for study of the Scripture of the day and other topics. Coming in May—a Monday evening study! More details to follow.

St. Mary Tipton College Scholarship. Please see Fr. James for details and the application

Vacation Bible School
July 29 through August 2nd
This year’s theme is on the Eucharist

April is here which means the Spring Fling is fast approaching! The Women of St. Mary’s are looking for prizes for the fish pond and carnival games as well as Bingo Baskets! If you are interested please drop your donation off at the back of the church or monetary donations are welcome too! Thank you and God Bless, Maggie Helmold, President of Women of St. Mary’s
Maggie.helmold@gmail.com”

Dear Tipton Parishioners,

Our beloved church has been a beacon of faith and beauty for the last 55 years. However, time and weather have taken their toll. The 14 church windows are in need of replacement.

Why Replace the Windows?

- **A Legacy of Faith:** Completing this project shows our commitment to this sacred space and leaves a lasting legacy for future parishioners.
- **Improved Energy Efficiency:** Our current windows are single pane. The double-pane windows that will be installed consist of two panes of glass separated by an insulating layer of air/gas. This creates a significant barrier to heat transfer, keeping the church cooler in the summer and warmer in the winter. This will help to reduce our energy bills.
- **Reduced Condensation:** Our current windows have condensation problems during the winter. This is because the warm, moist air inside the church comes into contact with the cold glass, causing moisture to form on the window surface. The double-pane windows will minimize condensation on the interior surface which will reduce the risk of mold growth and damage to window frames and walls. This can help protect the interior of the church from moisture-related problems.

I pray that over these next couple of weeks that you prayerfully consider how you will help to support this project. The fundraising portion of the campaign will begin in May as we honor Mary, the Mother of God.

Sincerely,
Fr. James Flattery

PARISH NURSING NOTES

APRIL IS ALCOHOL AWARENESS MONTH - Alcohol Use: Conversation Starters

It takes courage to talk to a family member or friend about their alcohol use. These tips can help you start the conversation.

Be prepared. Get ready for the conversation:

- Before you talk, take some time to accept your own feelings. It's normal to feel nervous or upset.
 - Practice what you'll say. Try writing a script or roleplaying the conversation with a friend ahead of time.
 - Plan to keep it brief. Try focusing on just 1 change that could help your loved one.
- Find a good time and place to talk. Wait until you're both feeling calm and you can focus on the conversation without distractions

Keep it positive. Try to:

- Use positive language and avoid judging. Instead of "I wish you wouldn't drink every night," try "How about trying a few alcohol-free nights each week?"
- Focus on the benefits of making a change. For example, you can say: "It would be great to spend more time together as a family."
- Emphasize that quitting drinking or drinking less is possible. You can say: "Lots of people have struggled with alcohol. You're not alone, and it can get better."

Get specific. For example, you can:

- Give specific reasons for your concerns based on what you see and feel. You can say, "I'm worried about your drinking because I've noticed you've been missing work."
- Make specific suggestions. Try saying: "Let's do things that don't involve drinking. How about seeing a movie?"

Offer support. Try to:

- Show that you understand. Say: "I know that drinking less is hard for you. How can I support you?"
- Be available for your loved one. You can say: "Talk to me when you want a drink. Whenever you feel the urge to drink, you can call or text me instead."
- Take a break and give your loved one space if the conversation isn't productive. You can say: "I can see that you're not ready to talk about this yet. I'm here for you whenever you **are** ready."

Make a plan together. You and your loved one can:

- Work together to make a list of goals. Choose 1 goal as a first step — like taking 2 nights off from drinking each week. Make sure it's something you can measure easily.
- Set a date to talk again and see how it's going. Offer encouragement if it's going well, and set different goals if it's not working.

Get help. You can:

Encourage your loved one to visit the doctor. Offer to make the appointment and go along for support if your loved one is ready to get treatment. [Use this tool to explore alcohol treatment options together](#)

<https://alcoholtreatment.niaaa.nih.gov/>

Rethinking drinking: Alcohol & Your Health website is <http://rethinkingdrinking.niaaa.nih.gov/>

Alcohol Use & Your Health website is <http://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm>



The Tipton Knights would like to thank everyone who contributed to their can drive during Lent. With your help they were able to donate 1,200 pounds of food to the local food pantry.

MECHANICSVILLE

DATE	Set-Up	LECTOR	DISTRIBUTE
April 21	Donna	Donna	Donna/Lee/Lori
April 28	Jane	Shirley	Shirley/Dan/Brian

Thank you to all who gave Lenten alms for the Mechanicsville Food Pantry. St Mary's donated \$302 to help feed the local community in need.

St. Mary Parish Mechanicsville would like to honor, our graduating seniors, on May 5, 2024, during 8:00 am Mass.

WEST BRANCH

Please keep our 1st communion and confirmation students in your prayers as they prepare to receive these sacraments.
 1st Communion: May 4th
 Confirmation: May 11th

Saturday night mass moving to 5:00 pm May 1st to October 31st.

You can remember your loved ones with mass intentions at anytime. If you wish to place a mass intention, please specify the intention when making the request, \$5 is suggested. When dropping off money for mass intentions, please include the name of who the mass is for and whom it is from.

Join us on April 17 at 7:00 pm for a religious education meeting as we begin planning for next year.

Volunteer needed this summer to trim the bushes, weed and water the flower beds on West and East side of the church. Please let Arlieta know if you are interested 319-643-2414